

Spinal canal stenosis

Narrowing of the spinal canal leads to symptoms referred to as "spinal window shopping disease" (spinal intermittent claudication). The symptoms of these patients are similar to those of patients with impaired circulation: when out walking they have to stop every few meters and sometimes bend over forwards. Only then can they resume walking.

Frequently, the stenosis is multisegmental, i.e. extends over several levels.