

Fall prevention - Your safety is important to us!

Tips for preventing falls in the hospital



Please use the patient call system to contact us if you need help walking or if you feel dizzy.



Make sure there is adequate lighting in the patient's room at night and use the night light.



Make sure your walkways are free of tripping hazards. Do not lean against rollaway nightstands.



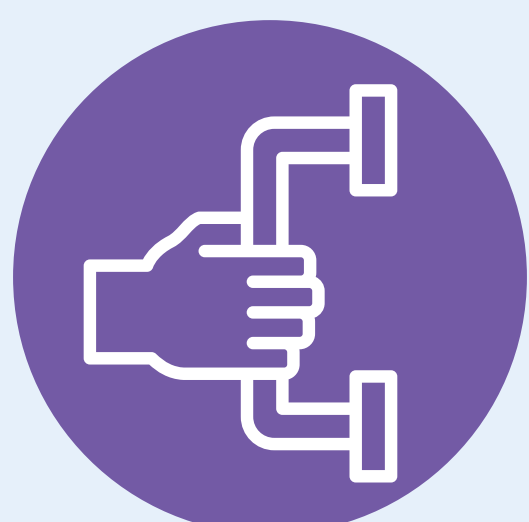
Remember to wear your glasses and hearing aids when you're at the hospital.



If you are experiencing incontinence, we will provide you with appropriate aids and assist you with using the restroom.



Wear sturdy, secure footwear.



Make use of the assistive devices available in the bathroom, such as grab bars and shower seats.



Choose clothes that are easy to put on and take off.



Please notify us immediately if there are any liquids on the floor of your patient room. Also, please avoid walking on floors that have just been cleaned or are still wet.



Please let us know immediately if you notice any side effects from medications that interfere with your ability to walk.

If you or your family members have any questions about fall prevention, please contact your assigned nurse.